



## Personality-Guided Cognitive-Behavioral Therapy (Hardback)

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By Paul R. Rasmussen

American Psychological Association, United States, 2005. Hardback. Book Condition: New. 256 x 180 mm. Language: English . Brand New Book. Integrates cognitive-behavioral approaches with Millon's personologic model to yield an exciting new psychotherapeutic approach. Paul R. Rasmussen describes how, in personality-guided cognitive-behavior therapy, a patient's clinical condition is seen as stemming not just from distorted thinking or behavioral excesses and deficits, but also from personality attributes and situational demands. Individual chapters examine each personality type, including its characteristics, the evolutionary foundation of the personality style, and the immediate adaptive value of the emotional reactions defining it, the pathological process, and the clinical conditions that one is vulnerable to.

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