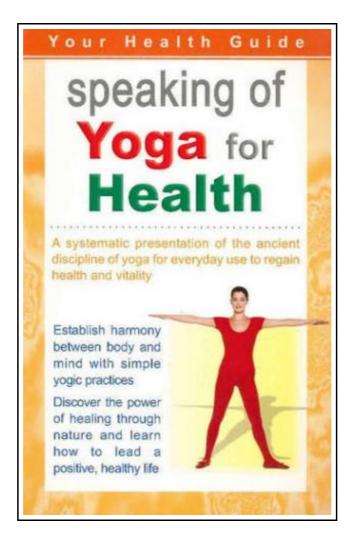
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SPEAKING OF YOGA FOR HEALTH: A SYSTEMATIC PRESENTATION OF THE ANCIENT DISCIPLINE OF YOGA FOR EVERYDAY USE TO REGAIN HEALTH & VITALITY



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